

NEWS FROM HOME

MOTHER OF GOOD COUNSEL HOME
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AUGUST 2009

A FEW WORDS FROM SISTER M. STEPHANIE

From the Chaplain

Dear Friends,

There are so many things going through my mind as I sit down to write this letter. What would be most interesting to you? I am thinking of Mother M. Anselma, Foundress of our Congregation, as we prepare to celebrate our Man of the Year Dinner, proffering the Mother M. Anselma Award on Mr. Joseph Schaughnessy. I am also thinking of our Holy Father's new Encyclical, Caritatis in Veritate, (Charity in Truth) as some of his comments remind me of the charism of our congregation. Finally, I am thinking of the upcoming All Star Game. (Although by the time you read this, the All Star Game and our Mother M. Anselma dinner will be history.)

Since I am a religious sister, and a FSGM at that, my thoughts regarding Mother M. Anselma will prevail and become the subject of this letter.

As I was reading the Encyclical, there is one section which reminded me of how my co-sisters and I live and work in the spirit of Mother M. Anselma. She was very interested in caring for the marginalized of society. As he wrote Caritatis in Veritate, the Holy Father was pondering on Paul VI's 1968 Encyclical Humanae Vitae, and John Paul II's 1995 Encyclical Evangelium Vitae. His musings led Pope Benedict XVI to write, in #15:

"The Church forcefully maintains this link between life ethics and social ethics, fully aware that a society lacks solid foundations when, on the one hand, it asserts values such as the dignity of the person, justice and peace, but then, on the other hand, radically acts to the contrary by allowing or tolerating a variety of ways in which human life is devalued and violated, especially where it is weak or marginalized."

My prayer is that in our work at the Home and in our community, we may behave in a way that is respectful of the dignity of the person and valuing human life, especially in the weak and vulnerable. May Mother M. Anselma intercede for us to live and work in her spirit.

In conclusion may I say that we hope you all enjoyed the All Star Fever which hit the baseball town of St. Louis in the middle of last month!

Sincerely,

Sister M. Stephanie



MILESTONES
BIRTHDAYS, NEW RESIDENTS,
AND DEPARTURES

Welcome to New Residents

With Deepest Sympathy

Father John Gambon

August Birthdays

Residents

- Mrs. Clare Coulter - 2nd
- Mrs. Mildred Moore - 12th
- Mrs. Antoinette Kosta - 17th
- Mrs. Vernita Robinson - 18th
- Ms. Jane O'Reilly - 19th
- Mrs. Rosemary Allen - 23rd
- Mrs. Dorothy Lossos - 23rd
- Mrs. Erna Martin - 31st

Staff

- Doris Gates - 1st
- Barbara Holmes - 1st
- Jana Smith - 16th
- Kasandra Wooden - 17th
- Leah Larabell - 19th
- Joyce Bishop - 20th
- LaCretia Cook - 28th

Mass Intentions Offered at Mother of Good Counsel Home

Our new chaplain, Father Ron Chochol, has indicated that he is willing to accept Mass intentions to be fulfilled at the morning Masses he offers at the Home. All those connected in any way with our community can speak to Father Ron directly, mail the information to him at our address, or leave an envelope at the front desk with his name on it. Please provide the following information: the intention for which the Mass is to be said (if for a deceased person, please include name), date and time preferred, and the name and address of the donor. The usual stipend is \$5.00.

Fundraising One Search or One Purchase at a Time!

Check out www.goodshop.com for your shopping needs online and www.goodsearch.com to search the internet.

GoodSearch.com donates 50% of its revenue, approximately a penny per search, to the charities designated by its users. Use it exactly as you would any other search engine and the pennies add up quickly – just 500 people searching four times a day will earn around \$7,300 in a year. It doesn't cost the users a thing!

Similarly with **GoodShop.com**, consumers are helping their favorite causes by shopping at hundreds of well known retailers including Amazon, Target, Apple, Macy's, Best Buy, Orbitz, Staples, and others. The shopping experience and the prices are exactly the same as going to the retailer directly, but by going through GoodShop, up to 37% of the purchase price is donated to the user's favorite cause!

Mother of Good Counsel Home recently registered with both sites, giving its supporters a chance to raise money for the Home every time they search the internet or shop online.

Reserving Rooms at the Home

The following rooms are available for the residents and their guests to use: the Activity Hall, the dens on 2nd, and 3rd floors, and the private dining rooms on 2nd and 3rd floors. Reserve early, because there is a limited number of rooms available.

If at any time you would like to reserve one of these locations, please call the 1st Floor Nurse's Station to reserve the Activity Hall, 2nd Floor Nurse's Station to reserve 2nd Floor Den or Private Dining Room, and 3rd Floor Nurse's Station to reserve the 3rd Floor Den or Private Dining Room.

Do You Need a Gift?

There are gifts displayed in the show case on the 1st floor across from the new elevator. The items found in the case are music CD's, cookbooks, home-made greeting cards, and various hand-made craft items. If you would like to purchase anything from the showcase, please see the Receptionist at the front desk.



Nacho Day
 Thursday, August 20th
 10:30 - 3:30
 Activity Kitchen



Cardinal Baseball & Lunch
St. Louis vs. New York



Wednesday, August 5th - 11:10 a.m.
 (doors open 10:45 a.m.)

Activity Hall

All MOGCH residents, family, and friends are invited to come watch the game on the big screen and enjoy ball park food for lunch. If you plan to attend, please RSVP to the Receptionist or one of the Activity Staff no later than Tuesday, August 4th.

Lemon Treats



Friday - August 7th
 Friday - August 14th
 Friday - August 28th



Help Us Recycle

- **Clothing:** A collection container that looks like a miniature yellow barn is located **next to the garages** just inside the gate leading to the back of the Home. If you have clothing to donate, please drive in, push button to open the gate, and drop off.
- ♦ **Used printer cartridges** (Laser and ink jet).
- ♦ **Cell phones** (Condition or age doesn't matter): If you have cell phones and/or printer cartridges, please drop them off at the front desk or give them directly to Rhonda Hansen.

Your support is greatly appreciated!

BBQ Pot-Luck
Tuesday, August 25th
5:00 - 8:00 p.m.
Activity Hall

All MOGCH residents, family, and friends are invited to join us for dinner and an activity (to be determined at Resident Round Table Meeting). The Home will provide the meat, drinks, and dessert. Family and friends are asked to bring a side dish to share. If you plan to attend please RSVP to the Receptionist or one of the Activity staff members no later than Monday, August 24th.

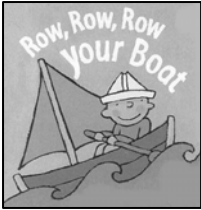


August Coming Events

Rosary - every Wednesday	Benediction - 7th	Birthday Party - 12th	Movie -
Horse Races -	Sing-A-Long - 21st	Nacho Day - 20th	
Rob Your Neighbor -	Pot-Luck -	Resident Round Table Meeting -	



Singing in Circles



August 1 is Rounds Re-sounding Day, so gather your friends and raise your voices in this repetitive singing tradition. In rounds, two or more voices sing the same melody, but begin at different times. As the song continues, each new voice joins the rest in beautiful harmony. The most famous round may be the modern-day children's tune "Row, Row, Row Your Boat," but this musical form began more than 700 years ago.

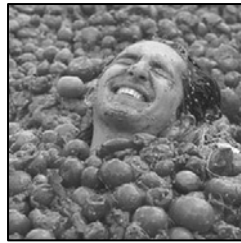
Rounds gained popularity in England in the 17th century when gentlemen would gather in clubs and sing these songs as they drank and discussed the business of the day. The more the men drank, the bawdier the songs became, and the louder they sang. The oldest song round is "Sumer Is Icumen In," or, when translated into modern English, "Summer Is A-Coming In." It dates from the year 1260 and was composed for six voices. Here are the modern lyrics:

Summer is a-coming in, loudly sing, Cuckoo!
 The seed grows and the meadow blooms
 And the wood springs anew,
 Sing, Cuckoo!
 The ewe bleats after the lamb
 The cow lows after the calf.
 The bullock stirs, the buck-goat turns,
 Merrily sing, Cuckoo!
 Cuckoo, cuckoo, well you sing, cuckoo;
 Don't you ever stop now,
 Sing Cuckoo. Sing Cuckoo now!

This is a song celebrating the return of spring after the long, dark winter. Far simpler rounds from olden times are still sung today. "Three Blind Mice" first appeared in England in 1609. The French round "Frère Jacques" was first published in Paris in 1869.

As in olden days, these unique songs, when sung on August 1, will bring people together in friendship and revelry. As the Mother Goose Society explains, "As rounds re-sound and resound, all the world's joined in a circle of harmony."

La Tomatina



Every year on the last Wednesday of August, the town of Buñol in the Valencia region of Spain becomes one giant high school cafeteria where tens of thousands of people engage in the biggest food fight known to mankind. The food that is flung is the red, juicy, squishy, and messy tomato. In fact, 90,000 pounds of tomatoes are thrown in just two hours of chaos and fun.

The origins of the festival of La Tomatina are vague. One theory is that it began in 1945, when people protested against the Spanish dictator General Francisco Franco by throwing tomatoes. Another legend is that two friends got into a raging argument during a meal and began throwing food. Their messy argument spilled into the street, involving other diners at other restaurants. The group then moved throughout the city, spreading to pedestrians and businessmen. The food-fighting crowd eventually stretched into the countryside and soon the entire region was throwing food.

La Tomatina lasts for a week, with music, parades, dancing, and fireworks, but the highlight is the food fight. At 10 AM, the excitement begins with a strange competition – a ham is placed at the top of a greased pole. The crowd of 50,000 works itself into a frenzy as it cheers on volunteers who climb the pole in attempts to retrieve the ham. All the while, fire hoses spray the crowd until everyone is soaking wet.

The food fight begins once the ham is retrieved. Trucks rumble through the crowd, hauling millions of tomatoes grown specifically to be thrown during La Tomatina. At the sound of a cannon, the madness begins and tomatoes are hurled until 1 PM, when the streets run red with rivers of tomato juice. Clean up is simple – fire trucks hose down the streets and the acid from the tomato juice leaves the ground miraculously clean. The massive crowds move to the Buñol River to bathe themselves before enjoying their dinners.

Second 2009 Quilt Winner

Gary & Joan Buhrman
 Congratulations!